

Chapter 5

SCHOOL HEALTH SCHEME

The Directorate of Health Services started School Health Scheme in March 1979 with six school health clinics initially. The scheme later expanded to provide comprehensive health care services to the school going children. The School Health Clinics were established in the school premises itself for easy accessibility by children. These were planned to cover the children studying in Government and Government Aided Secondary schools.

The facilities under the scheme are provided through a network of School Health Clinics and School Referral Centres. The revamped scheme Chacha Nehru Sehat Yojna was announced by Hon'ble Chief Minister of Delhi, in her budget speech on 22nd March 2011 and launched on 14th November, 2011.

Objectives of School Health Scheme

- Ascertaining health status of children studying in Govt. schools till XII class
- Screening for deficiencies, diseases and disabilities.
- Counseling & treating wherever deficiencies and diseases are detected.
- Referral wherever required to district FRU/tertiary hospitals.
- Increasing health awareness and inculcating healthy behaviour.
- Facilitating continuum of health care by creating data base.
- Synergizing with relevant programmes of Education Deptt.(Yuva) & Health Deptt. (Blindness Control, Deafness Control & AIDS Programme etc.)

Table 5.1 Cumulative Data for the Year 2012-13

S.No.	Data	Numbers
1.	No. of Teams	100 Teams +4 Referral Centres
2.	No. of School Covered	473
3.	Annual Medical Examination	781887
4.	No of Lab Investigations	618375 [265899 (Hb), 352476(Blood Sugar)]

Total 11 new SHC's were added during current financial year under CNSY.

District referral health mela organized in central district on 1st December 2012. The event was launched by Hon'ble cabinet minister for IT & Communication, Hon'ble minister, health & Family Welfare and Hon'ble minister Education. 3000 children attended the event. The secondary level services were provided at the event included stalls for first aid, eye/vision testing and distribution of spectacles, ENT services, health/ nutrition, communication & counseling. Magic shows were conducted on various awareness topics.

Weekly Iron Folic Acid Supplementaion Programme has been started since July 2013 covering all school children of Delhi to take care of the problem of Iron Deficinecy /Anemia. This programme was launched by the Hon'ble Chief Minister on 15thJuly, 2013 for weekly administration of Iron & Folate Supplementation (WIFS) to all students from class 6th to 12th of Delhi Govt. and Delhi Govt. Aided, NDMC, Cantonment Board. Target population- 16, 00,000 students in 1209 schools of 6-12th class. Out of school girls being covered through Dept. of WCD-50000.

Deworming programme was launched in July 2012 with arrangemnets for appropriate Emergency response system in place and arrangement for reporting of adverse events.

All school children were administered the medicine in schools of Delhi. Deworming programme in Delhi Govt. Schools / out of schools children with Deptt. Of WCD administered 34 Lakhs in one single day on 21st Feb 2013 (a record). II -phase of Mass deworming programme launched on 24th Sep. 2013 for the age group 2yrs to 18 years and implemented on 3rd October 2013 followed by mop up day on 5th October 2013. Teachers trained in providing first aid in case of adverse events in schools.

Table 5.2 Month wise Progressive for the year of 2011 to 2012

S.NO	Month	Medical	OPD	OPD+MED	Ailment	Referral	Followed up	H.Education
1.	April 12	48047	16255	64302	37539	13891	3302	3605
2.	May 12	13973	7316	21289	14071	3061	951	640
3.	June 12	Vacation in schools						
4.	July 12	45126	15129	60255	37935	12263	2312	2878
5.	Aug 12	78413	21540	99953	56657	17732	4416	4634
6.	Sep 12	47425	16863	64288	37211	10513	3355	1650
7.	Oct 12	76235	18512	94747	53926	16256	3588	2562
8.	Nov 12	81452	15629	97081	50644	17084	3821	2876
9.	Dec 12	86026	14155	100181	51626	17239	2876	2661
10.	Jan 13	52315	8605	60920	30584	11146	2882	1675
11.	Feb 13	79252	13309	92561	37369	16320	4082	2231
12.	March 13	Examination in schools						
TOTAL		608264	147313	755577	407562	135505	31585	25412

Table 5.3 :Morbidity profile of school children by School Health Scheme 2012-13

S No.	Details of health problems identified	Total
1.	Anemia	133291
2.	Refractive errors	64485
3.	Dental problem	52061
4.	Respiratory Infections	23638
5.	GIT Problems	31143
6.	Skin Diseases	17419
7.	Fever/Headache	28320
8.	Injuries	19456
9.	Nutritional Deficiencies	14333
10.	UTI	2256
11.	Jaundice	52
12.	Eye Ailments	11509
13.	Gynaecological Problems	6068
14.	Worm Infestations	9465
15.	Behaviour problems	2658
16.	Ear Ailments	11191
17.	Weakness/Fatigue	3907
18.	Obesity	4235
19.	Burns	1896
20.	Thyroid	667 (on treatment)

S No.	Details of health problems identified	Total
21.	Others (Animal Bites, Assault, Drug addiction, Epilepsy, Mental Retardation)	21924

Budgetary achievements

Allocated budget (in Lakhs)

B.E.Plan	Rs. 50.000 Lakhs
B.E Non-Plan	Rs. 100.974 Lakhs
Total	Rs 150.974 Lakhs

Expenditure (in Lakhs) in 2011-12

Plan	Rs. 59.996 Lakhs
Non-Plan	Rs. 100.712 Lakhs
Total	Rs 160.712 Lakhs